



## Introduction

Welcome to your periodic email with an attached training short(s).

These training shorts can improve safe work habits, productivity, and morale. The shorts cover a wide variety of work-related subjects to assist your organization in preventing injuries.

Interested in more? Contact Bridgett Purpich to see how we can help your business reduce losses, create a pro-active safety culture, and drive down the cost of doing business.

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## This Week's Training Shorts

### **Office Workstation Ergonomics - Carpal Tunnel Syndrome - English**

A training short about Carpal Tunnel Syndrome describing why it might affect employees at work and at home, common prevention techniques, and treatment.

[Office Workstation Ergonomics - Carpal Tunnel Syndrome - English](#)

### **Office Workstation Ergonomics - Carpal Tunnel Syndrome - Spanish**

A training short about Carpal Tunnel Syndrome describing why it might affect employees at work and at home, common prevention techniques, and

treatment.

[Office Workstation Ergonomics - Carpal Tunnel Syndrome - Spanish](#)

## Training Track Review

Interested in using the Training Track application and ready to get started? Attend this training to learn how to get started and the ins and outs of Training Track.

You'll learn about:

- Online training resources
- Scheduling training and training notifications
- Setup of offline trainings, course frequencies, and auto-scheduling
- Viewing training history and completed trainings
- Creating custom reports and running default reports

Upcoming available date(s):

Tuesday, August 23 at 10:00 AM PDT

[Click to Register](#)



## Risk Management Center Platform Overview



New to the Risk Management Center and ready to learn more? Attend this training to learn about the general navigation, resources, and setup.

You'll learn about:

- General navigation and dashboard features
- Risk Management library, My Content, and HR library
- Administration including managing sites, users, roles, and employees
- Training and Support Center

Upcoming available date(s):

Tuesday, August 30 at 10:00 AM PDT

[Click to Register](#)

**Risk Management Center**



### Risk Management Platform

Use a complete solution to reduce risk and maintain compliance. [View a video](#)



### Risk Management Library®

Access a bilingual database of risk management resources. [View a video](#)



### Incident Track®

Help prevent near-misses, injuries, and accidents while staying compliant. [View a video](#)



### Audit Track®

Create audits, surveys, questionnaires, and self-assessments. [View a video](#)



### Training Track™

Maintain training documentation and automate the employee training process. [View a video](#)



### SDS Track®

Compile your safety data sheets and achieve GHS compliance. [View a video](#)



### BBS Track®

Build job hazard analyses and conduct safety observations. [View a video](#)



### Job Description Track®

Create job descriptions and return-to-work programs. [View a video](#)



### COI Track®

Manage certificates of insurance and avoid liability. [View a video](#)

Training webinars are available! →

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For more information, contact  
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